



# University of Northern Iowa Classic Upward Bound TRIO Program Quarterly Newsletter: January 2007



## Director's Letter



The State of Iowa Board of Regents, the group that governs the three public higher education institutions in Iowa (The University of Iowa, The University of Northern Iowa, and Iowa State University), has approved a new enrollment standard for the three schools beginning in the fall of 2009. The first group of students that will be affected by this new standard are currently high school sophomores. This enrollment standard replaces the

1958 policy that provides automatic admission for Iowa high school graduates in the top half of their classes who have taken a minimum number of core courses.

The new enrollment standard takes into consideration the following factors: ACT score, grade-point average, class rank and the number of core high-school courses taken. To be guaranteed automatic admission, students must have the subject-matter background required by the institution they are applying to, and score at least 245 points on the new index. Students whose high schools don't track class rank, and students who score below 245, will still be considered for admission. The index score is not a final determination of enrollment. Students who score under 245 are encouraged to apply. Their applications will be reviewed on an individual basis.

Student's admission scores are calculated in the following manner:

$$\begin{aligned} & (2 \times \text{ACT composite score}) \\ & + \\ & (1 \times \text{high school rank}) \\ & + \\ & (20 \times \text{high school GPA}) \\ & + \\ & (5 \times \text{number of core-subject-area courses completed in high school}) \end{aligned}$$

Please note: ACT composite score has a top value of 36. (SAT scores will be converted to ACT composite equivalents). High school rank is expressed as a percentile, with 99 (the 99th percentile) as the top value. High school GPA is expressed on a four-point scale. Number of core courses is expressed in terms of years or fractions of years of study.

The following is an example of a calculated admission score:

$$\begin{aligned} & \text{A student earned an ACT score of 23, } (23 \times 2) = 46 \\ & + \\ & \text{was ranked in the 60th percentile, } (60) = 60 \\ & + \\ & \text{earned a 3.0 grade-point average, } (20 \times 3) = 60 \\ & + \\ & \text{and completed 18 core courses. } (5 \times 18) = 90 \end{aligned}$$

Total= 256

It is very important for students, parents, and educators alike to familiarize themselves with this new standard. If you have any questions about this new process, please ask an Upward Bound staff member.



## Words of Wisdom

“Human beings, by changing the inner attitudes of their minds, can change the outer aspects of their lives.”

~ William James

“The big secret in life is that there is no big secret. Whatever your goal, you can get there if you're willing to work.”

~ Oprah Winfrey

“We make a living by what we get, we make a life by what we give.”

~ Winston Churchill



# Happy Birthday!

<u>January</u>	<u>February</u>	<u>March</u>
2 Samantha Pickard	5 Raymond Moore	1 Anjelica Marks
2 David Barbour	9 Dominique Dobbs	12 Joscela Hollowayh
10 Brent Brooks, Jr.	16 Timmiris Montgomery	14 Bobbie Jo Spray
12 Elena Garcia	22 Darius Phillips	24 Andrea Ford
15 Mario Mohome	25 Mylita Gary	28 Willie Roberts
19 Paulina Navarrete	28 Ada Watley	29 Charles Tims
20 Tyler Clark		29 Christopher Tims
22 Kiri Holmes		



## College/University Profile

Our newsletter will now be featuring a college or university in each issue to assist you in learning more about a variety of institutions. We'll be profiling all three public universities in Iowa in this issue – The University of Iowa, The University of Northern Iowa, and Iowa State University:

### The University of Iowa

- Public, 4-year university
- Residential campus in a small city
- 19,566 degree-seeking undergraduates: 7% part-time, 53% women, 2% African American, 4% Asian American, 2% Hispanic American, 1% International
- 84% of applicants admitted
- SAT or ACT (ACT Writing optional) required
- 66% graduate within 6 years
- Class size: 49% < 20, 37% 20-39, 4% 40-49, 6% 50-99, 4% >100
- Freshman Class Profile: 13, 241 applied, 11,122 admitted, 3,849 enrolled; Average ACT Score – 22-27; GPA 3.50 or Higher – 57%; GPA 3.0-3.49 – 36%; GPA 2.0-2.99 – 7%; Rank in Top Quarter – 53%; Rank in Top Tenth – 22%; Return as a Sophomore – 84%
- 2005-2006 Annual Costs: Tuition/Fees - \$5,612; Room/Board - \$6,073
- Most Popular Majors: Business/Marketing, Communications, Journalism, English, Psychology, Social Sciences, Visual and Performing Arts
- Contact Information: [admissions@uiowa.edu](mailto:admissions@uiowa.edu), 1-800-553-4692

### The University of Northern Iowa

- Public, 4-year university
- Residential campus in a small city
- 10,734 degree-seeking undergraduates: 10% part-time, 57% women, 3% African American, 1% Asian American, 1% Hispanic American, 2% International
- 78% of applicants admitted
- SAT or ACT (ACT Writing optional) required
- 65% graduate within 6 years
- Class size: 33% < 20, 51% 20-39, 7% 40-49, 7% 50-99, 2% >100
- Freshman Class Profile: 4,360 applied, 3,422 admitted, 1,737 enrolled; Average ACT Score – 20-25; Rank in Top Quarter – 48%; Rank in Top Tenth – 19%; Return as a Sophomore – 81%
- 2005-2006 Annual Costs: Tuition/Fees - \$5,602; Room/Board - \$5,531
- Most Popular Majors: Business/Marketing, Education, Social Sciences, Visual/Performing Arts
- Contact Information: [admissions@uni.edu](mailto:admissions@uni.edu), 1-800-772-2037

### Iowa State University

- Public, 4-year university
- Residential campus in a small city
- 20,364 degree-seeking undergraduates: 5% part-time, 43% women, 3% African American, 3% Asian American, 2% Hispanic American, 3% International
- 90% of applicants admitted
- SAT or ACT (ACT Writing optional) required
- 68% graduate within 6 years
- Class size: 33% < 20, 37% 20-39, 10% 40-49, 11% 50-99, 9% >100
- Freshman Class Profile: 9,101 applied, 8,216 admitted, 4,845 enrolled; Average ACT Score – 22-27; GPA 3.50 or Higher – 54%; GPA 3.0-3.49 – 31%; GPA 2.0-2.99 – 15%; Rank in Top Quarter – 52%; Rank in Top Tenth – 24%; Return as a Sophomore – 86%
- 2005-2006 Annual Costs: Tuition/Fees - \$5,634; Room/Board - \$6,197
- Most Popular Majors: Agriculture, Business/Marketing, Education, Engineering, visual/Performing Arts
- Contact Information: [admissions@iastate.edu](mailto:admissions@iastate.edu), 1-800-262-3810



## The Importance of Writing Skills – Now and in Your Future, Part Three

*“The pen is mightier than the sword.”*

*~ Edward Bulwer-Lytton*

In this series, we have been stressing the importance of writing skills. They are one of the most essential abilities for students, but are often also one of the most lacking. With that in mind, what follows is information on another common mistake in writing – **SENTENCE FRAGMENTS**.

Sentences are the building blocks of paragraphs. If you build each sentence well, your reader will glide through your paragraphs without having to stop or slow down. Therefore, your message will be communicated more clearly. Here are two rules to keep in mind to make this happen:

- 1) A complete sentence has a subject and a verb, and it expresses a complete thought. *To see if a complete thought is expressed, ask, “Is it true that,” followed by what you’ve written. If you can answer yes or no, your thought is complete. If you can’t, you have a sentence fragment.*

**Common Mistake:** Because traffic was heavy.

**Correction:** Because traffic was heavy, we took the back streets.

**Common Mistake:** Which made her feel great.

**Correction:** She read his thoughtful letter, which made her feel great.

**Common Mistake:** Whenever the river floods.

**Correction:** Whenever the river floods, people come to the shelter.

- 2) Subjects and verbs must agree in number. *Plural subjects take plural verbs. Singular subject take singular verbs.*

**Common Mistake:** It weren’t the warmest day in Antarctica.

**Correction:** It wasn’t the warmest day in Antarctica.

**Common Mistake:** Either Tim or his classmates knows the assignment.

**Correction:** Either Tim or his classmates know the assignment.

*NOTE: In “either/or” and “neither/nor” sentences, the verb agrees with the closest subject. In the above sentence, “classmates” is closer than “Tim.”*

Here are a few sentences to practice on:

- 1) Unless I hear from you.
- 2) A team of talented, selfish players lose more than you’d think. (Hint: In this sentence, “team” is the subject.)
- 3) The DVD that I borrowed from Dante.
- 4) Neither the gym nor the weight room are open today.
- 5) Even though I live right next door to them.

Here is how you should have corrected the above sentences:

- 1) Unless I hear from you, [add independent clause to correct sentence fragment].
- 2) A team of talented, selfish players loses more than you’d think.
- 3) The DVD that I borrowed from Dante [sentence fragment needs completion.]
- 4) Neither the gym nor the weight room is open today.
- 5) Even though I live right next door to them, [add independent clause to correct sentence.]



## Are You in Control of Your Time?

Learning to effectively use the 24 hours in each day will help you run your life the way *you* want. Organizing your day helps you succeed at school and work – and still have time to do the other things you enjoy. Take the following survey to see if you are controlling your time, or if it is controlling you:

- 1. I'm always running late.
- 2. I use a planner to keep track of my schedule.
- 3. I've had to miss out on fun to do schoolwork.
- 4. I work now on projects due more than a week from now.
- 5. I wish I could be more organized.
- 6. I know my top priorities for today and tomorrow.
- 7. I never seem to get caught up.
- 8. I have at least one specific goal I'm working toward.
- 9. I tend to put things off.
- 10. I am usually prepared for my classes.
- 11. I often pull all-nighters or cram to get things done.
- 12. I make lists of things I need to do.
- 13. I forget things – like when homework is due.
- 14. When I study, I make a point to avoid interruptions.
- 15. I'm not sure how to handle long-term assignments or large projects.
- 16. I review my class notes regularly.
- 17. Homework and studying seem to take longer than I think they will.
- 18. I have time to relax and enjoy myself.
- 19. I find it hard to get started once I sit down to study.
- 20. I know what time of day I have the most energy.

### What's Your Trend?

*If you checked mostly odd-numbered statements...*

Sounds like you could use some solid tips on how to make schoolwork – and other work – go more smoothly. Talk to an Upward Bound staff member for help.

*If you checked mostly even-numbered statements...*

You're on your way to using your time well. Work on fine-tuning your time management strategies to get your schedule working for you.

*If you checked a mix of odd and even statements...*

You have some time management skills already. You can keep improving to help you stay organized and keep your schedule on track.

Remember, learning to manage your time can give you more free time – and a great feeling of accomplishment!