



University of Northern Iowa

EOC Newsletter—Summer 2016

Educational Opportunity Center

* 800 Sycamore St. * Waterloo, IA * 50703 * Ph: 319-273-4774 *
* Email: educational-opportunity-center@uni.edu *

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The EOC staff is so grateful for the support of our community and we value the cooperation we receive from our community partners. We have been rewarded in so many ways by the efforts of these agencies to include the EOC in events, collaborations and with referrals. We are seeking ways to expand our information highway and provide updates, news and photos to all of you. So we have launched a Facebook page! Our hope is that you visit often and enjoy our posts and utilize the information we provide. Please like, share, and recommend us to your friends!

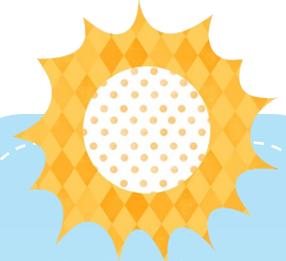
www.facebook.com/unieducationalopportunitycenter

Summer Sentiments from the Staff

Constance M.—Summer is here and it is so nice outside! In the summer I am thinking of all the things I would like to do to maintain the garden and the yard. I make a list and try my best to follow through and accomplish each chore according to the weather and the other priorities on my schedule. I wish my list would shrink faster, but then I have to remember to celebrate my accomplished tasks and feel good about them, a pat on the back!

What would you like to accomplish this summer? Getting ready for fall classes? Thinking of applying for scholarships? Do you have a “to do” list? Do you have previous loans deterring you from attending school again? The EOC can help with all the aspects of assisting you with getting started with your steps to begin school, or with the FAFSA for fall, or a problematic former student loan. The counselors utilize a checklist to assist you with the completion of steps needed for financial aid and admissions. We are a one-stop-shop to college preparation.

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Inspiring Thoughts...

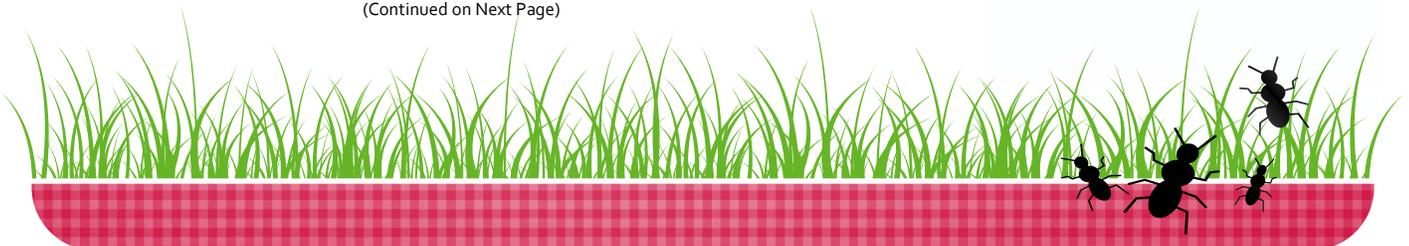
“We cannot stop the winter or the summer from coming. We cannot stop the spring or the fall or make them other than they are. They are gifts from the universe that we cannot refuse. But we can choose what we will contribute to life when each one arrives. —Gary Zukav

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Upcoming EVENT Dates

8/06	Money Talks Workshop-2nd Session at UNI-CUE (10 a.m.-11)
08/20	Heal the Family at Sullivan Park (10 a.m.-3 p.m.)
08/24	Hawkeye Community College Fall Fest (on Campus) 10 a.m.- 1 p.m.
09/08	“Show Me The Money” Scholarship Workshop at UNI-CUE 6:30 p.m.– 7:30 p.m.
09/10	“Show Me The Money” Scholarship Workshop at UNI-CUE 10:00 a.m.- 11:00 a.m.



Summer Sentiments from the Staff (Continued...)

Nickole D.—Summer Break: a time for resting, refreshing, renewing, and regrouping. A time to take a breath, have some fun, re-evaluate and assess progress of goals, and plan your next steps.

Monica B.—To me summer and education make me think of graduation, whether it's graduation from high school or from college. Each of those is a beginning to another page in your life. High school students will be going on to college and beginning that chapter in life, while college graduates will be moving on to their new career.

Lovely H. (Submitted by)—**8 Things Every College Student Should Do This Summer**

1. Learn a new skill to add to your resume

By learning a new skill, not only can you impress future employers, but it can also make you more marketable when you go on the job hunt. Search for industry wide programs commonly used in your field of study such as Microsoft Word, Excel, or PowerPoint, as well as Adobe Photoshop, Dreamweaver, or even a programming language, depending on what career you want to pursue.

2. Get an internship

If you're going into your junior or senior year of college, find a great internship that can further your experience and knowledge of your industry. With a summer internship you'll gain insight into your field of study and also beef up your resume. Still undecided about your career path? An internship is a great way to help you explore different career options before you dive into the job market.

3. Work a summer job

If you're not interning this summer, there's no denying you can still find work experience and build your resume with a summer job near your home. Call up your old boss from your part-time job in high school or search your town for places trying to fill a position. Whether you're working as a lifeguard or in food service, employers want to see that you have experience in a work environment and are responsible. Plus, you'll have some extra money in your pocket.

4. Make a budget

Now that you've earned all this money, what do to with it? Spend it all on a shopping spree? Buy a new iPad? Whoa, take it easy. Make a budget for the next semester so you can keep track of your spending. Set a spending limit each month for food, rent, transportation, school supplies, entertainment, and other expenses. Talk with your parents about your financial situation and consider getting a credit card if you don't have one already.

5. Email your professors

In the beginning of the summer, take the time to send out a few thank you emails to your professors. Think about it—your professors are all industry professionals, have extensive knowledge of potential careers, and can even be your connection to a future job, so why not send them an email this summer? A simple email can leave a great lasting impression of you.

6. Get letters of recommendation

Having an impressive letter of recommendation (or a few) is super beneficial, and sometimes required, when submitting a job application. Get your recommendations in order this summer by asking past professors of classes you excelled in or previous employers to put your accomplishments, character, and work ethic into words. A great letter of recommendation is both personal and could showcase your talents that can't be inferred from a resume.

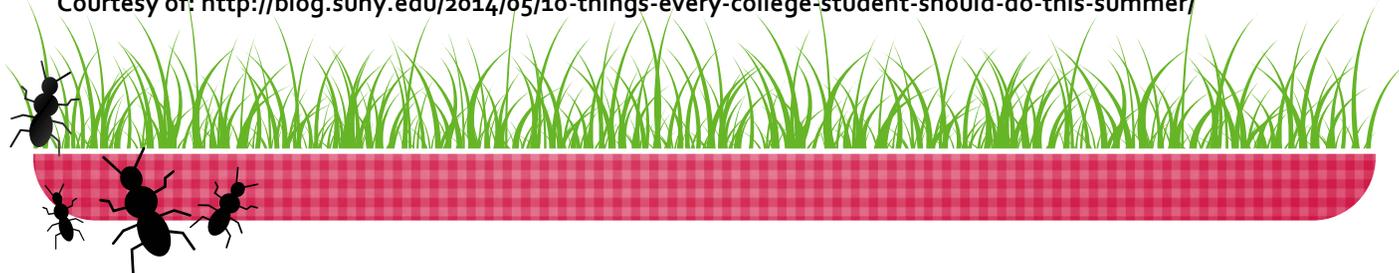
7. Catch up on reading

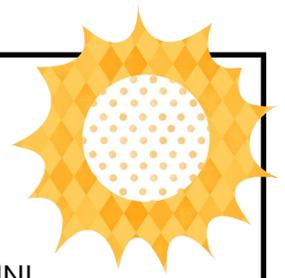
Unwind after a long day by sitting down with a good book. Pick out a New York Times Best Seller, an old classic, or a how-to book to open your mind and learn something new. Also, it wouldn't hurt to catch up on some reading for one of your classes next semester.

8. Take an online summer course

Low cost, convenience, and no commute—what's not great about taking an online course this summer? Plus, you'll be able to get ahead, lessen your workload for next semester, and even get on track to graduate on time.

Courtesy of: <http://blog.suny.edu/2014/05/10-things-every-college-student-should-do-this-summer/>





EOC Partners with Veridian Community Credit Union

The University of Northern Iowa's Educational Opportunity Center is offering a scholarship workshop titled, "**Money Talks**". The workshop is **free** and **open to the public**. The workshop is a one hour session from **10:00 am to 11:00 am on Saturday, August 6th**.

This will be an interesting financial literacy workshop full of fun and interactions with the presenter, Monica Reyes, Community Inclusion Coordinator of Veridian Credit Union. Sessions will be held at the UNI-CUE located at 800 Sycamore Street, Waterloo, Iowa.

For more information call the UNI Educational Opportunity Center program at 319-273-4774.

Workshop List: Cut this out as a reminder!
UNI-CUE, 800 Sycamore St., 50703

- ⇒ **August 6, 2016—Money Talks Workshop (10-11 a.m.)**
- ⇒ **September 8, 2016— Show Me the Money, Financial Aid Workshop (6:30-7:30 p.m.)**
- ⇒ **September 10, 2016—Show Me the Money, Financial Aid Workshop (10-11 a.m.)**

"This will be an interesting workshop full of fun and interactions with the presenter, Monica Reyes, Community Inclusion Coordinator of Veridian Credit Union."

2016 EOC Annual Student Achievement Luncheon Success

The EOC annual luncheon was held June 17th this year at the UNI-CUE. The theme was "Together we Succeed". It was an incredible success with over 70 attendees. We celebrated the successes of our participants who had achieved a 3.0 or higher, as well as those who graduated from their programs of study this school year.

Dr. Charletta Sudduth from the Waterloo Community Schools was our special guest speaker, and she filled attendees with her words of wisdom and inspiration.

We also want to thank our generous contributors again for donating t-shirts and gifts for prizes for our attendees. Our luncheon would not be as successful without our gracious community supporters.



2016 Luncheon—3.0 or Above Award Winners

